

Table of contents:

1.	Ego Development as Experiential Framework in Psychotherapy R. Elliott Ingersoll, Heather Keppen Cleveland State University	p. 3
2.	The Risk of Ambiguity in Metaphors Alexandra G. Efthimiadou Partner of Synolic® Development Systems and founder of nlpgreece®	p. 10
3.	mBIT as an Experiential Coaching and Therapeutic Approach in Stress Management and Resilience Building – a series of case studies Suzanne Henwood*, Grant Soosalu**, Alexandru Ioan Manea*** *mBraining4Success **mBIT International Pty Ltd ***Faculty of Psychology and Educational Sciences, Psychology Department, University of Bucharest, Bucharest, Romania	p. 14
4.	The Relation between Anxiety, Automatic Thoughts Adjustment and Emotional Control Teodor Vasile Faculty of Psychology and Educational Sciences, University of Bucharest	p. 23
5.	The Feminine Identarian Archetype – a Symbolic-Experiential Perspective Revealed within the Creative Improvisation through Literature Vasile Constantin Faculty of Psychology and Educational Sciences, University of Bucharest	p. 29
6.	Understanding the Repetitive Transgenerational Life Scenarios in the Case of Professional Foster Parents Marinela Carmen Grigore Faculty of Psychology and Educational Sciences, Ovidius University, Constanta	p. 37
7.	Info	p. 51