

## **Table of contents:**

<b>1.</b>	<b>Reducing Stress with Short-Time Interventions: CAVA</b> <b>Dirk Rauh*</b> , <b>Claudia Wilimzig**</b> *DIRA GmbH & Co. KG, Reutlingen, Germany **Universidad Central de Nicaragua (UCN), Managua, Republic of Nicaragua, Central America International School of Psychology, UCN Representative Office Berlin, Germany	p. 3
<b>2.</b>	<b>Psychological Effects of Stress Involved in the Doctor-Patient and Nurse-Patient Relationship Throughout Imaging Investigations. Case Studies</b> <b>Vasile Constantin*</b> , <b>Cristina Ștefănescu**</b> *University of Bucharest, Faculty of Psychology and Educational Sciences **“Dunărea de Jos University”, Faculty of Medicine, Galați, Romania	p. 10
<b>3.</b>	<b>The Novel Application of the Lightning Process to Treat Long COVID in Primary Care</b> <b>Suzie Burns*</b> , <b>Fiona Finch**</b> , <b>Phil Parker***</b> , <b>Claire Nollett****</b> *MD, St Clements Surgery, UK, **DipCOT; Lightning Process Register, UK ***PhD, London Metropolitan University, UK, ****PhD, Cardiff University, UK	p. 19
<b>4.</b>	<b>Discover You! – an Experiential Psychoeducational Program</b> <b>Maria Cristina Călin*</b> , <b>Laurențiu Mitrofan**</b> *private practice, Bucharest, Romania **University of Bucharest, Faculty of Psychology and Educational Sciences, Romania	p. 25
<b>5.</b>	<b>The Role of Emotional Stability in the Relationship between Social Media Use and Body Image</b> <b>Georgiana Alina Postelnicu, Iuliana Elena Molnar</b> University of Bucharest, Faculty of Psychology and Educational Sciences, Romania	p. 46
<b>6.</b>	<b>Imagogenogram – a Binder in the Clients’ Process of Exploration, Observation, Clarification, Resignification</b> <b>Roxana C. Preda</b> SPER Institute, Romania	p. 55
<b>7.</b>	<b>Info</b>	p. 65